



### RECOMMENDED DOSAGE FOR LUNASOL™ COLLOIDAL METALLIC SILVER.

reference web site :

<http://www.kalayaproducts.com.au>

<http://www.kalayaproducts.com.au/index.php/silver/128-lunasol-recommended-dosage.html>

Colloidal Metallic Silver could cause an initial reaction commonly known as a “Healing Crisis” or “Heximers Reaction” with its first introduction into a body that has become infested with too many unwanted parasites or pathogens. This is quite normal as our bodies suddenly become overloaded with toxic poisons, which have suddenly been released by the dead and dying microbes, which have been disabled by the powerful antimicrobial action of the metallic silver nanoparticles.

To help minimize the unpleasant, but very necessary reaction of the “healing crisis” we recommend the following procedure when you are first introducing Colloidal Metallic Silver (CMS) into your health regime.

There are five stages recommended to achieve the best results to what we refer to overcoming the “Pathogenic Crisis”. Keep in mind the usual advice for all changes you decide to make to your personal or normal behavior when it comes to taking any natural medications or treatments for the first time.

***“Go low and go slow.”***

**(If you are going to drive through a puddle on the road you should always drive slowly.)**

1. **Start** by taking only about 35ml for the first day and increase the amount to 50 ml for the second day, next day again step up the amount to 75ml and on day 4 again increase the dose up to 100ml.
2. From around day 7 you can now start to **reduce the dosage** from 100ml each day back to about 35ml each day. *This could take up to six days or so. Try to start to “read-your-body” and rely on your instinct or intuitions as a guide to how much CMS you may need. By now the nano sized silver particles should have built up within your body and they will be continuously eliminating the unwanted negatively charged pathogens that you don’t need. **The good positively charged microbes that your body needs will not be troubled by the silver and your immune system will start to strengthen.***
3. The **Normal dose** we recommend is between 35ml up to 100ml. You will have to decide how much you think you will need to be comfortable and protected from any possibility of reinfection. There are no rules and it is almost impossible to over-dose on CMS. *(And, have no fear it will not turn you blue as deliberately promoted by the “fear campaigns” and lies instigated indirectly by the drug companies who have a vested interest to discredit the power and safety of CMS.)*
4. **Preventive dose** is determined by your bodies needs and can range from 10ml to 25ml each and every day.

5. **Maintenance** when you are convinced that you are totally healthy is suggested that for one week out of every four weeks you take from 10ml up to 50ml each day.

Always be on the lookout for the “rebound” when you are well, and if you are in any doubt do not be hesitant to return to your normal maintenance dose of say 35ml up to 100ml each day, until you are convinced that you are well and protected once again.

### HOW LONG AND HOW MUCH CMS IS NEEDED TO SUPPORT OUR IMMUNE SYSTEM?

Metallic silver was once an abundant metal that was present in our soil. Plants would absorb some of the microscopic silver particles that their roots extracted from the soil as part of their required nutrients. This “organic plant silver” was then transferred from the plants directly into our bodies as we absorbed the nutrients as we digested the plants as food. Over time this “plant silver” slowly accumulated or built up within our bodies as a “trace-mineral” to a level of around 12ppm to 14 ppm (*Parts Per Million*) and at around this point the normal process of eliminating any “surplus to requirements” would be gently eliminated the excess silver from our system. This is the normal process that we have “programmed” within our immune system that takes care of any element or substance that is not required for the proper bodily functioning that keeps us surviving.

However today it is almost impossible to find much metallic silver plant food in our soils because farming has long ago stripped it out. Silver’s occurrence in the unfarmed earth’s crust is estimated at only 0.1 ppm and in seawater 0.01ppm, which is why it is only a “trace element” in the soil. Just like our bodies the quantity of silver taken from the soil will slowly build up.

There are some minerals that do cause problems to our health because they have a tendency to accumulate to levels that can become far too high. This excess of the wrong minerals can become poisonous. Lead, Mercury and Aluminum are some common examples that in excess are very harmful, we should avoid over consumption of these “Heavy Metals”.

Silver is NOT a heavy metal it is a “NOBLE METAL”. Gold and Platinum are the other Noble Metals, and these metals are extremely stable and they will not react readily with many other chemicals. Silver will only react with concentrated Nitric Acid, Hot Sulphuric Acid and Potassium Cyanide and none of these concentrated acids are found within our body. Therefore we can safely state that Metallic Silver will not react with any chemical found within our bodies, and it will form no compounds that are toxic. Silver is therefore totally safe, as it does not react chemically within. However it is a powerful “catalyst” that helps the immune system’s chemicals perform their functions more efficiently.

The germ fighting effects of silver commences immediately the fine silver particles have been absorbed into the body fluids. When the body has absorbed sufficient silver to accumulate approximately 4 - 5 ppm in the blood, physical changes are often noticed. Depending on how infected and how the immune system is able to cope with the detoxing symptoms they could occur, will determine how the patient reacts.

In three or four days after ingestion in the body, the colloidal metallic silver will accumulate in the fluids and tissues for the benefits to begin. The silver particles will have accumulated in the tissues to at least a concentration of 5 ppm, on average by the tenth day. This is the minimum effective concentration. After several weeks the effectiveness of the original silver particles will diminish, and the liver, kidneys and lymphatic system and the bowel will eliminate the surplus silver from the body. This is a normal process for removing any surplus element that is no longer required for our health.

Today many researchers, such as Dr. Garry Smith and others, strongly indicate that silver is essential to support the immune system. He states: ***“Colloidal metallic silver acts as a “second immune system” for humans by destroying pathogens of all kinds. It is toxic to bacteria, viruses, fungi (molds) protozoa and many parasites in the egg stage. Colloidal Metallic silver will destroy Staphylococci and Streptococci bacteria, which may cause so many of today’s health problems. Silver***

*is a particularly effective bacteriostatic.* (It prevents the growth or reproduction of bacteria.)”

Colloidal metallic silver supports the T-lymphocytes in their fight against foreign organisms in the blood. It virtually forms a second immune system by actually protecting and defending the t-cells as well as doing much of their work for them. Silver will nearly always give a much faster and more sustained kill than an antibiotic. Silver is a catalyst and is electrostatically charged, it seeks out pathogens and on contact releases the highly reactive singlet oxygen, which disrupts and destroys the invader. As soon as the particle of silver has oxidized the pathogen, the pathogen loses its negative charge and floats away, and the silver is free to attack another pathogen, the process continues to repeat itself over and over again because the silver does not enter into any chemical reaction. Antibiotics usually bind with a specific pathogen (bacteria) and for each pathogen destroyed many molecules of the antibiotic are used up and they lose any possibility of disabling any more pathogens nearby.

As yet there are no reports of any silver/drug interactions. The allopathic prescription pharmaceuticals of today are no more likely to react with silver in the body than did the powerful herbs from which many of them were developed.

**COLLOIDAL METALLIC SILVER FITS SAFELY AND SECURELY WITH ANY OTHER TREATMENT PROTOCOL INCLUDING**

**MACROBIOTICS, ALTERNATIVE MEDICINE, OR MODERN MEDICINE.**

**KALAYA PRODUCTS RESEARCH & DEVELOPMENT CONSORTIUM**

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